

# Buddy Bike Group Ride

to Clarcona Horseman's Park  
with Adaptive Cycling

**Saturday, May 17, 2008**  
**Meet at 10:00 AM at**

Adaptive Cycling, LLC  
455 East Plant Street  
Winter Garden, FL 34787

A limited number of Buddy Bikes  
will be available by reservation.  
All bicycles are welcome. Bring your own bike  
or other bikes will be available for a rental fee.

**RSVP or reserve a bike:**  
786.489.BIKE (2453)  
shelley@buddybike.com

**Buddy Bike**  
quality time quality bike



**JOIN US!**



## Directions

From Florida Turnpike  
Take EXIT 267A  
(SR-429-TOLL/ CR-535/ APOPKA)  
toward APOPKA  
Merge onto FL-429 N  
(DANIEL WEBSTER WESTERN BELTWAY)  
Take EXIT 24  
(PLANT ST/ SR-438)  
Turn LEFT onto  
FL-438 W/ FRANKLIN ST

Adaptive Cycling  
is on the right at  
455 East Plant Street

## The Ride

We will start at Adaptive Cycling  
heading north on the Orange  
County Trail for 8 miles to arrive  
at Clarcona Horseman's Park  
where we will eat lunch and watch  
some of the Hunter & Jumper  
Horse Show. There may be a  
special meeting with a horse and  
rider. We will return on the same  
trail to end at Adaptive Cycling.

**Park entrance is free  
but bring money to enjoy  
lunch at Clarcona  
Horseman's Park!**

## Safety

**WEAR A HELMET!**  
Riders under age 15 are  
required to wear helmets  
but we strongly suggest  
helmets for all riders!

### WHAT TO BRING:

Water  
Sunblock  
Bug Spray  
Camera  
Spare Tires  
Spare Inner Tubes  
or Patch Kits  
Bike locks

**www.buddybike.com**